183. Xanthones Manggis
Mangosteen Xanthone

Xanthones are a type of substance that can be extracted from mangosteen peel that can be a beneficial antioxidant to prevent breast cancer. The extracted peel contains Xanthone up to 123.97 mg/100 ml, vitamins such as vitamin B1 (20.66 mg), vitamin B2 (1.79 mg), vitamin B6 (0.948 mg), and vitamin C (17.92 mg).

The durability of the Xanthone can be increased to 10 months if it is packed in a dark glass bottle in a cold temperature and not exposed to sunlight. The simple process enables people with home-based industry to process Xanthone mangosteen. The technology of manufacturing mangosteen Xanthone has been done in collaboration with Ratu Salju business group facilitated by Sawah Lunto Regency Government in this case Agricultural and Horticultural Local Service.