290. Es krim-VCO

Ice Cream- VCO

This ice cream is made from virgin coconut oil (VCO). VCO is made from coconut oil that is not hydrogenated which produces medium-chain fatty acid easily absorbed by the body.

The advantages are that the ice cream is made from VCO so it is more preferred by consumers, the main source is medium chain fatty acid which is safe to eat.

VCO Ice Cream is very beneficial for health, especially for VCO liquid consumers. The prospective technology is useful to be developed by the food and drug industries.